

Aquatics

Registration begins February 20; classes begin March 19 unless noted otherwise within class descriptions.
No class March 30. To view a list of class location abbreviations, see page 2.

Kiwanis Park Wave Pool

Kiwanis Recreation Center
6111 S. All America Way • 480-350-5201

Come splash and play in our indoor, heated wave pool. Rent a tube and float the waves, then enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. We have a few safety rules for your visit: Children under age 8 must have an adult with them at all times. No water wings or other floatation devices permitted. The minimum height to use the water slide is 48".

Wave Pool Hours

April 7-May 27: 1-5 p.m.

Special Holiday Wave Hours

May 28 : 1-5 p.m.

Wave Pool Fees

13 yrs+ \$7
2-12 yrs \$5

Mid-Day Wave Hours & Rates

3-5 p.m. (During Wave Days Only)

13 yrs+ \$5
2-12 yrs \$4

*No other discounts may be used with this discount.

Lap Swimming Hours*

Effective March 5-May 26

M-F 7-10 a.m.
M-Th 11:30 a.m.-1:30 p.m.
M-Th 4:30-8 p.m.
Sa 8-11 a.m.

*Except during private rentals

** Beginning April 30, no Mid-Day Lap Swim until July 30.

Multiple Use Cards for Laps/Open Swim/Water Fitness

30-day unlimited lap swim \$39
10 admissions \$35
30-day unlimited Water Fitness \$46

Private/Semi-Private Lessons

Private, semi-private lessons are available through Kiwanis Recreation Center. For additional information, call 480-350-5732.

Rates Per Class Meeting	1/2-Hr	3/4-Hr	1-Hr
Private (One Individual)	\$20	\$25	\$30
Semi-Private (Two Individuals)	\$25	\$30	\$35

Keep A Good Class Going
Register Early!

Swimming Pool Activities

The City of Tempe Community Services Department provides a progressive program for students who wish to learn or improve their swimming skills. This program is certified by the Starfish Aquatics Institute. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid at the time of registration.

A student may register for a maximum of one (1) Learn-to-Swim class at a time. A student may also register for special classes in addition to a swimming class.

Students may register for additional Learn-to-Swim classes after the second to last lesson. At the second to the last lesson of the session, the student will be provided a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

All pre-registration activities are subject to cancellation (3) days prior to start date if minimum registration is not met.

Swim Lesson Program Classes

Parent-Assisted Lessons

30-Minute Classes
6 Lesson Session \$38

Star Babies (8-18 mos)

This class is designed to be an infant's first introduction to water adjustment with an emphasis on parent participation/education, as well as safety skills and fun. One child per adult.

57450	8-18 mos	M/W	3/19-4/4	5:40-6:10 p.m.	KRC
57451	8-18 mos	T/Th	3/20-4/5	5-5:30 p.m.	KRC
57452	8-18 mos	T/Th	3/20-4/5	5:40-6:10 p.m.	KRC
57453	8-18 mos	Sa	3/24-4/28	9-9:30 a.m.	KRC
57454	8-18 mos	Sa	3/24-4/28	9:40-10:10 a.m.	KRC

57455	8-18 mos	M/W	4/9-4/25	5:40-6:10 p.m.	KRC
57456	8-18 mos	T/Th	4/10-4/26	5-5:30 p.m.	KRC
57457	8-18 mos	T/Th	4/10-4/26	5:40-6:10 p.m.	KRC

Star-Tots (1-3 yrs)

For children who are not ready for an independent swim program, or the child who has mastered the Parent/Tot class and is ready for more swim-readiness skills. One child per adult.

57412	1-3 yrs	M/W	3/19-4/4	5-5:30 p.m.	KRC
57413	1-3 yrs	M/W	3/19-4/4	5:40-6:10 p.m.	KRC
57414	1-3 yrs	T/Th	3/20-4/5	5:40-6:10 p.m.	KRC
57415	1-3 yrs	T/Th	3/20-4/5	6:20-6:50 p.m.	KRC
57416	1-3 yrs	Sa	3/24-4/28	9:40-10:10 a.m.	KRC
57417	1-3 yrs	Sa	3/24-4/28	11-11:30 a.m.	KRC

57418	1-3 yrs	M/W	4/9-4/25	5-5:30 p.m.	KRC
57419	1-3 yrs	M/W	4/9-4/25	5:40-6:10 p.m.	KRC
57420	1-3 yrs	T/Th	4/10-4/26	5:40-6:10 p.m.	KRC
57421	1-3 yrs	T/Th	4/10-4/26	6:20-6:50 p.m.	KRC

Aquatics

Sea-Stars (2-4 yrs)

For preschool children who are not ready for an independent swim lesson program, but are ready for more advanced skills. In this class, the parent will help prepare the child through various activities to become more independent in the water as well as working on locomotion and safety skills. One child per adult.

57407	2-4 yrs	M/W	3/19-4/4	5-5:30 p.m.	KRC
57408	2-4 yrs	T/Th	3/20-4/5	6:20-6:50 p.m.	KRC
57409	2-4 yrs	Sa	3/24-4/28	10:20-10:50 a.m.	KRC

57410	2-4 yrs	M/W	4/9-4/25	5-5:30 p.m.	KRC
57411	2-4 yrs	T/Th	4/10-4/26	6:20-6:50 p.m.	KRC

Swim School

Preschool-Age Lessons (Suggested Ages 3-5 yrs)
30-Minute Classes
6 Lesson Session \$38

Shrimps

For children who are ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath control, and floating. Blow bubbles, fully submerge unassisted; front and back float with support and assisted rolling over from front to back and back to front. Assisted streamline on front and back.

57547	3-5 yrs	M/W	3/19-4/4	5-5:30 p.m.	KRC
57548	3-5 yrs	M/W	3/19-4/4	5:40-6:10 p.m.	KRC
57549	3-5 yrs	M/W	3/19-4/4	6:20-6:50 p.m.	KRC
57550	3-5 yrs	T/Th	3/20-4/5	5-5:30 p.m.	KRC
57551	3-5 yrs	T/Th	3/20-4/5	5:40-6:10 p.m.	KRC
57552	3-5 yrs	T/Th	3/20-4/5	7-7:30 p.m.	KRC
57553	3-5 yrs	Sa	3/24-4/28	9-9:30 a.m.	KRC
57554	3-5 yrs	Sa	3/24-4/28	9:40-10:10 a.m.	KRC
57555	3-5 yrs	Sa	3/24-4/28	10:20-10:50 a.m.	KRC

57556	3-5 yrs	M/W	4/9-4/25	5-5:30 p.m.	KRC
57557	3-5 yrs	M/W	4/9-4/25	5:40-6:10 p.m.	KRC
57558	3-5 yrs	M/W	4/9-4/25	6:20-6:50 p.m.	KRC
57559	3-5 yrs	T/Th	4/10-4/26	5-5:30 p.m.	KRC
57560	3-5 yrs	T/Th	4/10-4/26	5:40-6:10 p.m.	KRC
57561	3-5 yrs	T/Th	4/10-4/26	7-7:30 p.m.	KRC

Tadpoles

Prerequisite skills: Jump in, roll on back for 5 seconds. Focus: is on forward movement and directional change. Participants will focus on assisted streamline on front and back with and without kicks. They will learn how to jump in, recover for air, swim forward for 10ft., change direction on their own and swim back to the wall.

57567	3-5 yrs	M/W	3/19-4/4	5:40-6:10 p.m.	KRC
57568	3-5 yrs	M/W	3/19-4/4	6:20-6:50 p.m.	KRC
57569	3-5 yrs	T/Th	3/20-4/5	6:20-6:50 p.m.	KRC
57570	3-5 yrs	T/Th	3/20-4/5	7-7:30 p.m.	KRC
57571	3-5 yrs	Sa	3/24-4/28	9:40-10:10 a.m.	KRC
57572	3-5 yrs	Sa	3/24-4/28	10:20-10:50 a.m.	KRC

57573	3-5 yrs	M/W	4/9-4/25	5:40-6:10 p.m.	KRC
57574	3-5 yrs	M/W	4/9-4/25	6:20-6:50 p.m.	KRC
57575	3-5 yrs	T/Th	4/10-4/26	6:20-6:50 p.m.	KRC
57576	3-5 yrs	T/Th	4/10-4/26	7-7:30 p.m.	KRC

Guppies

Prerequisite skills: Jump in and swim 10ft. and return; back glide 10ft. Focus: Rotary movement. Participants will work on body positioning for Freestyle, unassisted front and back streamline, and treading water.

57484	3-5 yrs	M/W	3/19-4/4	5:40-6:10 p.m.	KRC
57485	3-5 yrs	M/W	3/19-4/4	7-7:30 p.m.	KRC
57486	3-5 yrs	T/Th	3/20-4/5	6:20-6:50 p.m.	KRC
57487	3-5 yrs	Sa	3/24-4/28	9-9:30 a.m.	KRC
57488	3-5 yrs	Sa	3/24-4/28	11-11:30 a.m.	KRC

57489	3-5 yrs	M/W	4/9-4/25	5:40-6:10 p.m.	KRC
57490	3-5 yrs	M/W	4/9-4/25	7-7:30 p.m.	KRC
57491	3-5 yrs	T/Th	4/10-4/26	6:20-6:50 p.m.	KRC

Minnows

Prerequisite skills: Tread water 15 seconds, jump in and recover to side glide position and kick 10ft. Focus: Integrated movement and freestyle. Participants will start to develop Freestyle with correct body positioning and breathing, start the progression of Backstroke.

57498	3-5 yrs	M/W	3/19-4/4	5:40-6:10 p.m.	KRC
57499	3-5 yrs	M/W	3/19-4/4	6:20-6:50 p.m.	KRC
57500	3-5 yrs	T/Th	3/20-4/5	5-5:30 p.m.	KRC
57501	3-5 yrs	Sa	3/24-4/28	10:20-10:50 a.m.	KRC

57502	3-5 yrs	M/W	4/9-4/25	5:40-6:10 p.m.	KRC
57503	3-5 yrs	M/W	4/9-4/25	6:20-6:50 p.m.	KRC
57504	3-5 yrs	T/Th	4/10-4/26	5-5:30 p.m.	KRC

Swim School

Preschool-Age Lessons (Suggested Ages 6-12 yrs)
30-Minute Classes
6 Lesson Session \$38

Sea Otter

Sea Otter

For children who are ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath control, and floating. Blow bubbles, fully submerge unassisted; front and back float with support. Assisted rolling over from front to back and back to front. Assisted streamline on front and back.

57526	6-12 yrs	M/W	3/19-4/4	5-5:30 p.m.	KRC
57527	6-12 yrs	T/Th	3/20-4/5	5-5:30 p.m.	KRC
57528	6-12 yrs	T/Th	3/20-4/5	6:20-6:50 p.m.	KRC
57529	6-12 yrs	Sa	3/24-4/28	9-9:30 a.m.	KRC
57530	6-12 yrs	Sa	3/24-4/28	10:20-10:50 a.m.	KRC

57531	6-12 yrs	M/W	4/9-4/25	5-5:30 p.m.	KRC
57532	6-12 yrs	T/Th	4/10-4/26	5-5:30 p.m.	KRC
57533	6-12 yrs	T/Th	4/10-4/26	6:20-6:50 p.m.	KRC

Sea Horse

Prerequisite skills: Jump in, roll on back for 5 seconds.

Focus: on forward movement and direction change. Participants will focus on assisted streamline on front and back with and without kicks. They will learn how to jump in, recover for air, swim forward for 10ft., change direction on their own and swim back to the wall.

57513	6-12 yrs	M/W	3/19-4/4	5-5:30 p.m.	KRC
57514	6-12 yrs	M/W	3/19-4/4	6:20-6:50 p.m.	KRC
57515	6-12 yrs	T/Th	3/20-4/5	6:20-6:50 p.m.	KRC
57516	6-12 yrs	Sa	3/24-4/28	9-9:30 a.m.	KRC
57517	6-12 yrs	Sa	3/24-4/28	9:40-10:10 a.m.	KRC

57518	6-12 yrs	M/W	4/9-4/25	5-5:30 p.m.	KRC
57519	6-12 yrs	M/W	4/9-4/25	5:40-6:10 p.m.	KRC
57520	6-12 yrs	T/Th	4/10-4/26	5:40-6:10 p.m.	KRC

Sea Turtle

Prerequisite skills: Jump in and swim 10ft. and return; back glide 10ft.
Focus: Rotary movement. Participants will work on body positioning for Freestyle, unassisted front and back streamline, and treading water.

57534	6-12 yrs	M/W	3/19-4/4	5-5:30 p.m.	KRC
57535	6-12 yrs	M/W	3/19-4/4	7-7:30 p.m.	KRC
57536	6-12 yrs	T/Th	3/20-4/5	5-5:30 p.m.	KRC
57537	6-12 yrs	Sa	3/24-4/28	10:20-10:50 a.m.	KRC
57538	6-12 yrs	Sa	3/24-4/28	11-11:30 a.m.	KRC

57539	6-12 yrs	M/W	4/9-4/25	5-5:30 p.m.	KRC
57540	6-12 yrs	M/W	4/9-4/25	7-7:30 p.m.	KRC
57541	6-12 yrs	T/Th	4/10-4/26	5-5:30 p.m.	KRC

Sea Lion

Prerequisite skills: Tread water 15 seconds, jump in and recover to side glide position and kick 10ft. Focus: Integrated movement and freestyle. Participants will start to develop Freestyle with correct body positioning and breathing, start the progression of Backstroke.

57521	6-12 yrs	M/W	3/19-4/4	7-7:30 p.m.	KRC
57522	6-12 yrs	T/Th	3/20-4/5	5-5:30 p.m.	KRC
57523	6-12 yrs	Sa	3/24-4/28	10:20-10:50 a.m.	KRC

57524	6-12 yrs	M/W	4/9-4/25	7-7:30 p.m.	KRC
57525	6-12 yrs	T/Th	4/10-4/26	5-5:30 p.m.	KRC

Stroke School
30-Minute Classes
6 Lesson Session \$38

Dolphin

Prerequisite skills: Jump In, swim 30ft. Freestyle with rhythmic breathing.
Focus: Freestyle and Backstroke with an introduction to Butterfly.
Participants will work on stroke mechanics of Freestyle and Backstroke, introduction to Butterfly body motion.

57465	6-12 yrs	M/W	3/19-4/4	6:20-6:50 p.m.	KRC
57466	6-12 yrs	M/W	3/19-4/4	7-7:30 p.m.	KRC
57467	6-12 yrs	T/Th	3/20-4/5	5:40-6:10 p.m.	KRC
57468	6-12 yrs	T/Th	3/20-4/5	7-7:30 p.m.	KRC
57469	6-12 yrs	Sa	3/24-4/28	9-9:30 a.m.	KRC
57470	6-12 yrs	Sa	3/24-4/28	11-11:30 a.m.	KRC

57471	6-12 yrs	M/W	4/9-4/25	5:40-6:10 p.m.	KRC
57472	6-12 yrs	M/W	4/9-4/25	7-7:30 p.m.	KRC
57473	6-12 yrs	T/Th	4/10-4/26	6:20-6:50 p.m.	KRC
57474	6-12 yrs	T/Th	4/10-4/26	7-7:30 p.m.	KRC

Manta Ray

Prerequisite skills: Swim 30ft. of Freestyle and 30ft. of Backstroke with proficient stroke mechanics. Focus: Participants will focus on the stroke mechanics of Butterfly.

57492	6-12 yrs	M/W	3/19-4/4	6:20-6:50 p.m.	KRC
57493	6-12 yrs	M/W	3/19-4/4	7:40-8:10 p.m.	KRC
57494	6-12 yrs	T/Th	3/20-4/5	5:40-6:10 p.m.	KRC
57495	6-12 yrs	Sa	3/24-4/28	9:40-10:10 a.m.	KRC
57496	6-12 yrs	Sa	3/24-4/28	11-11:30 a.m.	KRC

57497	6-12 yrs	M/W	4/9-4/25	6:20-6:50 p.m.	KRC
57878	6-12 yrs	M/W	4/9-4/25	7:40-8:10 p.m.	KRC
57879	6-12 yrs	T/Th	4/10-4/26	5:40-6:10 p.m.	KRC

Shark

Prerequisite skills: Swim Butterfly for 10ft. with proficient stroke mechanics.

Focus: Participants will focus on the stroke mechanics of Breaststroke.

57542	6-12 yrs	M/W	3/19-4/4	7-7:30 p.m.	KRC
57543	6-12 yrs	T/Th	3/20-4/5	7-7:30 p.m.	KRC
57544	6-12 yrs	Sa	3/24-4/28	9:40-10:10 a.m.	KRC

57545	6-12 yrs	M/W	4/9-4/25	7-7:30 p.m.	KRC
57546	6-12 yrs	T/Th	4/10-4/26	7-7:30 p.m.	KRC

Orca

Prerequisite skills: Swim 30ft of Breaststroke with proficient stroke mechanics.

Focus: Participants will build endurance. By the end of the class, participants should be swimming a minimum 50 yards of Freestyle, Backstroke, and Breaststroke; 25 yards of Butterfly and be able to do flip turns and open turns.

57505	6-12 yrs	M/W	3/19-4/4	7-7:30 p.m.	KRC
57506	6-12 yrs	T/Th	3/20-4/5	7-7:30 p.m.	KRC
57507	6-12 yrs	Sa	3/24-4/28	9-9:30 a.m.	KRC

57508	6-12 yrs	M/W	4/9-4/25	7-7:30 p.m.	KRC
57509	6-12 yrs	T/Th	4/10-4/26	7-7:30 p.m.	KRC

Swim School

Middle School Age Lessons (Suggested Ages 12-15 yrs)
30-Minute Classes
6 Lesson Session \$38

Barracuda

For participants wanting to learn basic water adjustment, breath control, floating, forward movement and directional change. Participants will focus on assisted streamline on front and back with and without kicks. They will learn how to jump in, recover for air, swim forward for 10ft., change direction on their own and swim back to the wall.

57463	12-15 yrs	M/W	3/19-4/4	7:40-8:10 p.m.	KRC
57464	12-15 yrs	M/W	4/9-4/25	7:40-8:10 p.m.	KRC

Swordfish

Prerequisite: Jump in, swim 10ft., return to wall; do a front and back glide for 10ft.

Focus: Rotary movement, integrated movement and an introduction to Freestyle. Participants will work on unassisted front and back streamline, and treading water. Participants will start to develop Freestyle with correct body positioning and breathing, and start the progression of Backstroke.

57564	12-15 yrs	T/Th	3/20-4/5	7-7:30 p.m.	KRC
57565	12-15 yrs	Sa	3/24-4/28	11-11:30 a.m.	KRC
57566	12-15 yrs	T/Th	4/10-4/26	7-7:30 p.m.	KRC

Stroke School
30-Minute Classes
6 Lesson Session \$38

Porpoise

Prerequisite skills: Jump In, swim 30ft. Freestyle with rhythmic breathing. Focus: Freestyle and Backstroke with an introduction to Butterfly.

Participants will work on stroke mechanics of Freestyle and Backstroke, introduction to Butterfly body motion.

57510	12-15 yrs	M/W	3/19-4/4	7:40-8:10 p.m.	KRC
57511	12-15 yrs	Sa	3/24-4/28	11-11:30 a.m.	KRC
57512	12-15 yrs	M/W	4/9-4/25	7:40-8:10 p.m.	KRC

Aquatics

Flying Fish

Prerequisite skills: Swim 30ft. of Freestyle and 30ft. of Backstroke.
Focus: Participants will focus on the stroke mechanics of Butterfly and Breaststroke with an introduction to open turns and flip turns.

57482	12-15 yrs	T/Th	3/20-4/5	5:40-6:10 p.m.	KRC
57483	12-15 yrs	T/Th	4/10-4/26	5:40-6:10 p.m.	KRC

Adult Lessons 30-Minute Classes 6 Lesson Session \$38

Adult Beginner

Prerequisite 15 yrs+. Class is designed for adults who wish to learn to swim and will be geared to meet the needs of individuals. Emphasis is on adapting to the water and introduction to Freestyle, back float, and safety skills.

57430	15 yrs+	M/W	3/19-4/4	7:40-8:10 p.m.	KRC
57431	15 yrs+	M/W	4/9-4/25	7:40-8:10 p.m.	KRC

Adult Intermediate

Prerequisite 15 yrs+. Class is designed for adults who have mastered the beginner skills and can swim 25 yards using Freestyle. Will introduce Backstroke and Breaststroke.

57422	15 yrs+	M/W	3/19-4/4	7:40-8:10 p.m.	KRC
57423	15 yrs+	M/W	4/9-4/25	7:40-8:10 p.m.	KRC

Adult Stroke Improvement

Prerequisite 15 yrs+. Class is designed to improve upon and refine current skills rather than teach strokes.

57426	15 yrs+	M/W	3/19-4/4	7:40-8:10 p.m.	KRC
57427	15 yrs+	M/W	4/9-4/25	7:40-8:10 p.m.	KRC

Adult Fitness

Registration now available for water exercise classes.
Classes are 60 minutes. Monthly fee varies. Drop-in fee: \$7 per class.

Shallow Water Exercise

Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down. *No Class 5/28

57438	15 yrs+	M	4/2-4/30	8:30-9:30 a.m.	KRC	\$25
57439	15 yrs+	T	4/3-4/24	8:30-9:30 a.m.	KRC	\$20
57440	15 yrs+	W	4/4-4/25	8:30-9:30 a.m.	KRC	\$20
57441	15 yrs+	Th	4/5-4/26	8:30-9:30 a.m.	KRC	\$20
57442	15 yrs+	M	4/2-4/30	5:30-6:30 p.m.	KRC	\$25
57443	15 yrs+	W	4/4-4/25	5:30-6:30 p.m.	KRC	\$20
57444	15 yrs+	M	5/7-5/21*	8-9 a.m.	KRC	\$15
57445	15 yrs+	T	5/1-5/29	8-9 a.m.	KRC	\$25
57446	15 yrs+	W	5/2-5/30	8-9 a.m.	KRC	\$25
57447	15 yrs+	Th	5/3-5/31	8-9 a.m.	KRC	\$25
57448	15 yrs+	M	5/7-5/21*	5:30-6:30 p.m.	KRC	\$15
57449	15 yrs+	W	5/2-5/30	5:30-6:30 p.m.	KRC	\$25

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Aquatics High Intensity Interval Training (H.I.I.T.)

All levels High Intensity Interval Training class providing a high cardiovascular workout with low impact on joints. It's the ideal way to cross-train from your high impact/hard-hitting land workouts and still get a great cardio and strength session. Push through the water and not just float your way through it. So get in and try some plyometric squats, round house kicks and speed bag punches. Drop-in fee \$7 per class.

57459	15 yrs+	T	4/3-4/24	6:10-7:10 p.m.	KRC	\$20
57460	15 yrs+	Th	4/5-4/26	6:10-7:10 p.m.	KRC	\$20
57435	15 yrs+	Sa	4/7-4/28	9-10 a.m.	KRC	\$20
57461	15 yrs+	T	5/1-5/29	6:10-7:10 p.m.	KRC	\$25
57462	15 yrs+	Th	5/3-5/31	6:10-7:10 p.m.	KRC	\$25
57436	15 yrs+	Sa	5/5-5/26	9-10 a.m.	KRC	\$20

Special Interest Aquatics Classes

American Red Cross Lifeguard Training

This is certification course for individuals who are interested in Lifeguarding. The course will include First Aid, CPR, as well as Lifeguard Training. Must be 15 years of age and be able to perform the swimming skills necessary to complete the pre-course requirements. Must attend all classes in selected session to complete the course. Fee: \$140.

Class Dates: 3/14-3/24

56885	15 yrs+	W	3/14, 3/21	5:30-9:30 p.m.	KRC
	15 yrs+	F	3/16, 3/23	5:30-9:30 p.m.	KRC
	15 yrs+	Sa	3/17, 3/24	8 a.m.-5 p.m.	KRC

American Red Cross Lifeguard Training Review

A renewal certification course for individuals who possess a current American Red Cross Lifeguarding certification. Students must review materials before class, be able to pass pre-course skills tests, demonstrate skills and learn updated information. This is a 2-year certification. Fee: \$65.

57213	16 yrs+	Sa	3/24	8 a.m.-3 p.m.	KRC
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Starfish Swim Instructor

Instructor candidates will receive the training needed to teach courses in the SAI Program and learn how to help students develop correct stroke technique; develop an understanding of how to teach students at different levels, and water safety techniques. Course Prerequisites: Must be 16 years old and have a basic knowledge of the swimming strokes. Must attend all classes in selected session to complete the course. Fee: \$140.

Class Dates: 4/11-4/25

57458	16 yrs+	W	4/11, 4/18, 4/25	6-9:30 p.m.	KRC
	16 yrs+	F	4/13, 4/20	6-9:30 p.m.	KRC
	16 yrs+	Sa	4/14, 4/21	8 a.m.-6 p.m.	KRC